

## Discover the Arjuna in You

# Career Guidance Report

Report prepared for	
Name:	Your Name
Date:	DD-MM-YYYY
Email:	XXXXX

Using a revolutionary tool based on **TRIGUNA** concept of Bhagavad Gita

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## *Discover the Arjuna in You*

### **Your Career Guidance Report**

Your Rajasic Sattvic Tamasic (RST) Personality Report is prepared to help you understand your true nature. The composition of these three Gunas influences uniqueness of your thought and behavior. The knowledge of your Guna composition can provide guidelines for living life according to your “True Nature”.

Somewhere deep down within we know what we like to do, and have an inkling of which vocation, occupation, or career is most suitable for us. As we grow up, we hear success stories, get mesmerized by them, and strive to be like them. We start ignoring activities that gave us the most satisfaction, forgetting that those activities never felt like work.

The biggest advantage of identifying your career choice based on your true nature is that there is a higher possibility of attaining perfection in your identified profession. There is no denying the fact that by performing one’s karma and working devotedly one can reach perfection in one’s occupation.

Your career guidance report indicates how these three Gunas and their composition influence your career choice.

#### **This report can help you in:**

- **Your self-development**
- **Your career choice**
- **Your dominant leadership styles**
- **Understanding other people**
- **Your inter-personal relationship with family and friends**
- **Your inter-personal relationship at work place**

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### Summary of Your RST Personality Report

Following table describes your personality types based on the Rajasic, Sattvic and Tamasic Guna and their combinations. Your personality type is indicated in bold

Energy	TYPE 1	TYPE 2	TYPE 3	TYPE 4	TYPE 5
Sattva (Spiritual Energy) (S)	Mindful	Caring	Systematic	<b>Wise</b>	Humanitarian
Rajas (Emotional Energy) (R)	Initiator	<b>Entrepreneur</b>	Managerial	Passionate	Aspirational
Tamas (Resistance to Change) (T)	Due to self-image	<b>Due to memories</b>	Due to intellect	Due to likes & dislikes	Due to indolence
Sattva-Rajas (Transcendental Energy) (S/R)	<b>Traditional faith</b>	Faith with reason	Faith with devotion	Faith with renunciation	Total surrender
Sattva-Tamas (Intellectual Energy) (S/T)	<b>Scholar</b>	Philosopher	Analytical	Creative	Innovative
Rajas-Tamas (Active Energy) (R/T)	Trained skills	Experienced skills	Competent skills	<b>Proficient skills</b>	Complex skills
Sattva-Rajas-Tamas (Attitude) (R/S/T)	Committed	Assertive	<b>Flexible</b>	Cooperative	Compromising

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### YOUR KARMA – GUNA GRID SCORES

Based on your response to the questionnaire, here are your scores based on your orientation towards knowledge, power, wealth, and skill.

	Knowledge Orientation(KO)	Power Orientation(PO)	Wealth Orientation(WO)	Skill Orientation(SO)	Total Guna Score(GS)
Sattva Guna Scores (SGS)	<b>SKO = 10</b>	<b>SPO = 10</b>	<b>SWO = 10</b>	<b>SSO = 10</b>	<b>SGS = 40</b>
Rajas Guna Score (RGS)	RKO = 5	RPO = 10	RWO = 10	RSO = 0	RGS = 25
Tamas Guna Score (TGS)	<b>TKO = 0</b>	<b>TPO = 0</b>	<b>TWO = 5</b>	<b>TSO = 5</b>	<b>TGS = 10</b>
Total Karma Orientation Score (KS)	KO = 15	PO = 20	WO = 25	SO = 15	

The rest of this report will help you understand what these scores mean.

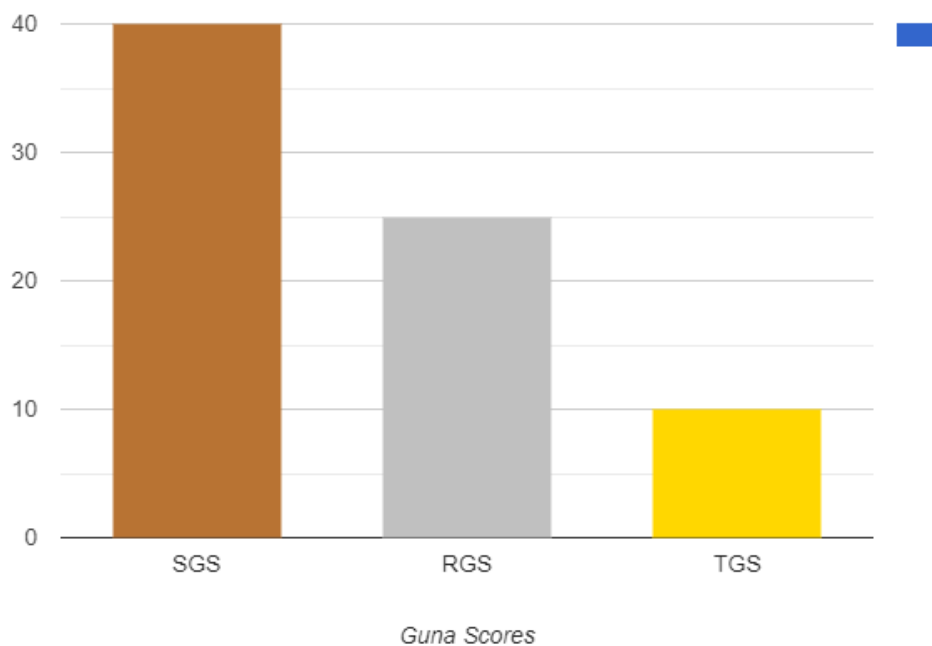
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### Question 1. What is my area of work based on my Triguna composition?

**Answer:** Your **highest** guna score (Sattvic Guna Score or Rajasic Guna Score or Tamasic Guna Score) indicates your preferred work.

According to your responses to the questionnaire, the following is your highest score:

Guna Score (GS): [SGS = 40]



As the chart indicates your highest Guna score is **SGS = 40**. Your preferred area of work is **Sattvic**.

#### Sattvic Area of Work

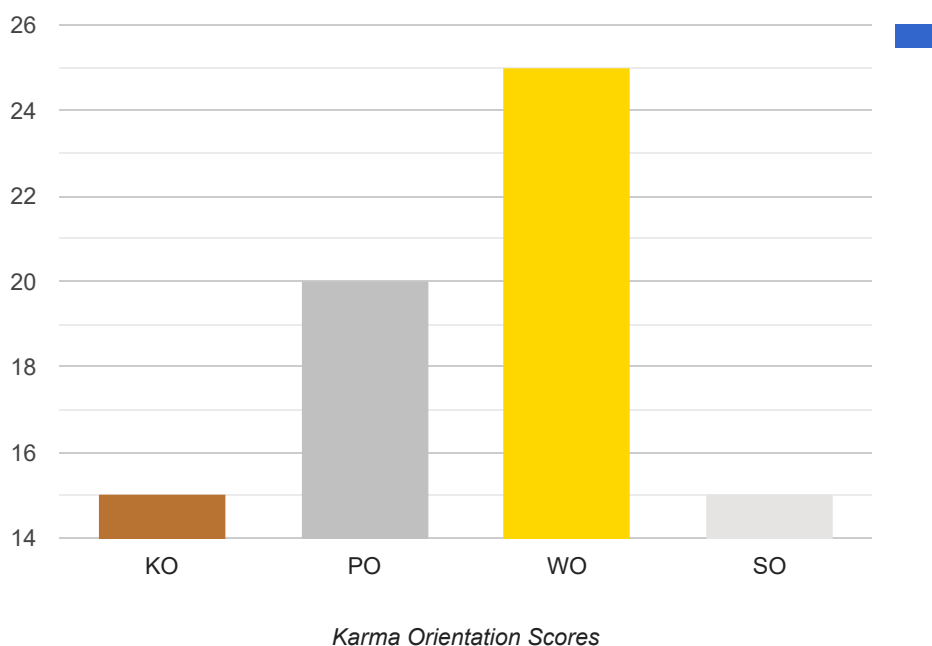
An area of work is Sattvic when it is essential for society and its welfare. Some examples could be education, health care, social work, public financial institutions, social entrepreneurship, public policy, non-government organizations and even governance. You perform your actions without any attachment to the people you are benefitting. You also do not act with love or hatred; you consider your work as simply your duty. You also do not expect any rewards while doing work for the society and its constituents.

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**Question 2. What is my Karma orientation (knowledge, power, wealth, or skills)?**

**Answer :** Your **highest** karma-orientation score (Knowledge Orientation, Power Orientation, Wealth Orientation or Skill Orientation) indicates your most preferred occupational area.

Karma Orientation Score (KS): **[WO = 25]**



As the chart indicates your highest Karma orientation score is **WO = 25**. Your preferred karma orientation is in **Wealth** domain

### **Wealth Orientation and Triguna**

*Wealth orientation is about the creation and distribution of surplus wealth. It is about how much importance you give to making money and its adequacy – whether you have enough wealth or too less. You are always concerned about your earnings, investments, growth and charity.*

### **Sattvic Wealth Orientation (SWO):**

Wealth orientation is Sattvic when you have a feeling of financial freedom, which is the ability to enjoy your wealth creation. You spend money on what you like, when you like, with whom you like – but within your means. You feel free from financial turmoil and worries, which is one of the chief causes of suffering for the majority of a person's life. You give money in charity with the spirit of charity; given without expecting anything in return, at the proper time and in the proper place.

### **Rajasic Wealth Orientation (RWO):**

Wealth orientation is Rajasic when you look at the possibilities of wealth creation as limitless. You see value creation everywhere and you use your body, mind and intellect for wealth creation by finding new solutions around you. You set your skills, knowledge, power and your assets for one purpose: creating surplus wealth. You also give money in charity but reluctantly, with the hope of a return or in expectation of a reward or an opportunity.

**Tamasic Wealth Orientation (TWO):**

Wealth orientation is Tamasic when you are only able to maintain the status quo, due to a limitation of resources or insufficient drive to create surplus wealth. Some of the traps that could keep you away from success is a lack of financial literacy or lack of short term or long-term planning. You also give money in charity as a habit without looking at the relevance of place, people or time.

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### **Question 3. What is my most preferred career?**

**Answer:** Your most preferred career is the intersection point of Highest Gunna Scores (GS) and Highest Karma Orientation Scores (KS). Based on your Karma Gunna Grid Scores your most preferred career is : **[SWO]**

### **Sattvic Wealth Orientation (SWO)**

Social Entrepreneurship, Trusteeship (in business/industry), Financial institutions, Government Policy Making, Economist, Financial Advisor, Economic Advisor



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### CAREER SUGGESTIONS BASED ON TRIGUNA

Short Name	Karma Orientation	Suggested Career (Some Examples)
<b>SKO</b>	Sattvic Knowledge Orientation	Counselling, Author, Health Care, Teaching, Guru, Education, Research and Innovation, Strategy, Training, Science, Artificial Intelligence, Data Science, Law, Economist, Explorer, Philosopher, Atomic expert
<b>RKO</b>	Rajasic Knowledge Orientation	Consulting (in any area), Education, Training, Public Speakers, Publication, Media Production, Creative work, Innovation, Health Care, Strategy, Science, Law, Economist, Analyst, Branding, Advertising
<b>TKO</b>	Tamasic Knowledge Orientation	Journalism, Art critic, Teacher, Reviewer, Research, Creative work, Innovation, Technology, Health Care, Training, Scientist, Law, Historians, Economist, Astrology, Science, Legal Advisor, Proficiency in logic and mathematics
<b>SPO</b>	Sattvic Power Orientation	Guru, Teacher, Social Activism, Public Service, Good Governance, NGO, Policy Making, Planning, Managing Trusts/Society, Religious Institutions, Financial Advisor
<b>RPO</b>	Rajasic Power Orientation	Law, Politics, Technology, Education, Strategy, HR, Financial Experts, Banking, Marketing, Govt. Jobs, Management, Project Management, Managing Trusts/Society, Religious Institutions, Legal Advisor, Consulting Firms, Auditing Firms
<b>TPO</b>	Tamasic Power Orientation	Police, Defense, Bureaucracy, Marketing, HR, Finance, Govt. Jobs, Public Sector Jobs, Administration, Secretary, Personal Assistant, Executive Assistant, Strategy Consultant, Detective, Diplomat, Auditors
<b>SWO</b>	Sattvic Wealth Orientation	Social Entrepreneurship, Trusteeship (in business/industry), Financial institutions, Government Policy Making, Economist, Financial Advisor, Economic Advisor

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<b>RWO</b>	Rajasic Wealth Orientation	Entrepreneurs (Medium, Large, Very Large), Financial institutions, Manager, Director, Marketing, Financial Experts, Hospital, Clinic, Production (Media, Films, etc.), Property, Pharmacy, Retailing, Hotels, Malls, Hospitality, Law Firms, Consulting Firms
<b>TWO</b>	Tamasic Wealth Orientation	Entrepreneur (Micro, Small, Medium), Individual Practitioners, Finance, Accounting, Farming, Agriculture, Fashion design, Designer, Proprietorship business, Architect, Property, Jewelers, Transport, Pharmacy, Retailing, Grocery, Vegetable Vendors, Restaurants, Trading, Catering
<b>SSO</b>	Sattvic Skill Orientation	Education, Health care, Wellness, Counselling, Surgeon, Nursing, Finance and Accounting, Travel, Social service, Counselling, IT/Computer, Law
<b>RSO</b>	Rajasic Skill Orientation	Team/Group leader, Supervisor, Manager, Director, Production (Media, Films), Law, Event Management, System Analyst, IT/Computer, Architect, Project Management, Public Relation Manager
<b>TSO</b>	Tamasic Skill Orientation	Doctor, Physician, Surgeon, Nursing, Dentist, Pharmacy, Psychiatrist, Individual skills related to Health Care, Scientist, Artistic Skills (Acting, Singing, Music, Painting, Sculptor, etc.), Photography, Tailoring, Training, Cooking, Chef, Sports, Shooting (Army, Police), Individual skills related to Media and Films, Law, Acting, Beautician, Farmer, Horticulture, Fishing, Accounting Skills, Individual Skills related to Construction (Carpenter, Electrician, Mason, Welder etc.), Technician, Engineering, Architect, IT/Computer, Fashion design, Interior Design, Jewelry, Branding, Advertising, Individual Skills related to Aviation, Railways, Space, Automobiles

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*No one can remain without action even for a moment – after all, even breathing is an activity.*

*Everyone is driven helplessly to some action due to the Gunas. Indeed, all Karmas are performed due to the influence of the Gunas, but ego and false identification with the body makes us think –*  
***“I am the doer”.*** (BG : 3.5)